

anxiety chronic activities  
parenting weight smoking  
diagnosis violence health  
term pain learning  
safety family condition  
**benefits** depression anger  
employment bereavement  
legal management social  
addiction isolation stress  
abuse carer  
relationships housing cancer  
mental exercise physical  
sexual debt volunteering  
**financial** boredom new concerns

GP Practices with Community Link Service

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Westray tel 01857 677209

Your  
Community Link Practitioner  
is

Erika Copland

Linsey Drever

Denize Lace

Community Link Practitioners  
are  
managed by  
**Voluntary Action Orkney**



## Community Link Service

This Surgery Has a  
Community Link Practitioner  
available.



They can help you improve your  
Health and Well Being



## What are Community Link Practitioners ?

A Community Link Practitioner (CLP) works in your GP Practice and is part of the Practice Team.

Their role to help you find out and access services to improve your health and well being. Services might include community groups in your local area, advice about money and benefits, coping as a carer, or housing.

The CLP can also put you in touch with services that can help you talk through your worries or problems such as isolation, loneliness or relationship difficulties



## What can the Community Link Practitioner do for me?

The Community Link Practitioner (CLP) will meet you either here at the GP Practice or other suitable place, via video link, phone call or text.

Whatever is best for you.

They will support you with issues that are important to you and give you time to discuss those issues. They will work with you to agree a plan to access local services and provide helpful information to meet your needs.



## Frequently asked Questions

### How can I access the service?

**Ask your GP to refer you.**

### How long can I expect to wait?

**You will be contacted as soon as possible following your referral.**

### How long can I receive support for?

**No set time limits. Length of support is discussed with you and agreed with you.**

### Is there a charge for the service?

**No, it is 100% free**

### Do the CLP's offer counselling?

**No, but can give you details on professional services to help you.**

### Are the CLP's medically trained?

**No, CLP's are purely there to connect you with community services.**